



# LOOMIS

PHYSICAL THERAPY & SPORTS MEDICINE  
Advanced • Personalized • Caring

Name \_\_\_\_\_ Date \_\_\_\_\_

Diagnosis \_\_\_\_\_ Onset/Surgery Date \_\_\_\_\_

## Evaluate & Treat

### Rehab Programs

- Ankle
- Back
- Elbow
- Knee
- Hip
- Shoulder
- Neck
- Hand

### Exercise

- Passive ROM
- Active ROM
- Strengthening
- Mobilization
- Spinal Stabilization
- \_\_\_\_\_

### Modalities

- Moist Heat
- Ultrasound
- Phonophoresis/Ionto
- Massage/MFR
- Cryotherapy
- Whirlpool
- EMS
- TENS
- Traction

### Other

- Balance & Vestibular
- Gait Training
- Stroke Rehabilitation
- Home TENS Unit
- \_\_\_\_\_

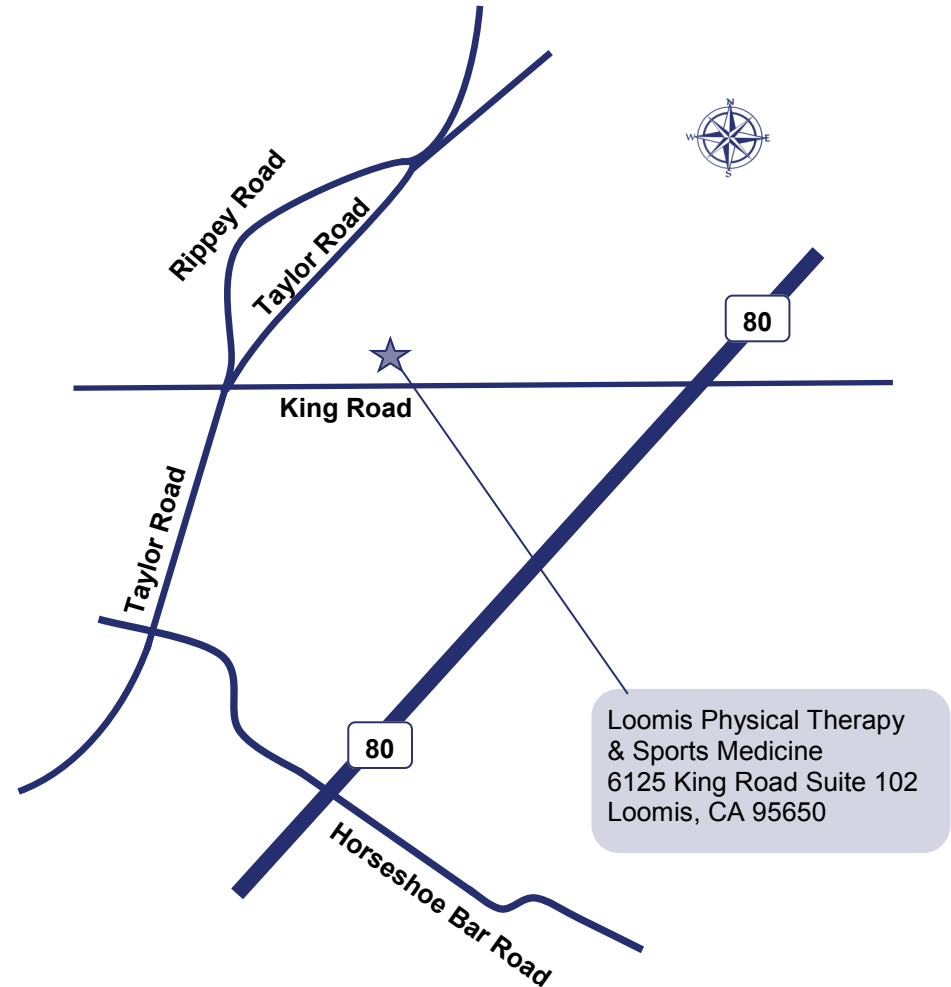
Frequency:  1 x wk  2 x wk  3 x wk  4 x wk  5 x wk

Duration:  1 wk  2 wks  3 wks  1 mo  Other \_\_\_\_\_

Specific Instructions/Precautions: \_\_\_\_\_

\_\_\_\_\_

Physician Signature \_\_\_\_\_ Date \_\_\_\_\_



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